SHAVUOS DINIM AND CUSTOMS

Trees and Greenery

The Rema cites a minhag to adorn our Shuls and homes with greens and trees in commemoration of *Matan Torah*. Additionally, on Shavuos the fruits of the trees are judged; therefore, we bring the trees into our homes and Shuls in order to be *mispallel* for them.

The various greens and flowers that decorate our shuls and homes are not muktza and may be moved. If flowers were in water at the outset of Yom Tov and taken out, they may be replaced if they are the type of flowers that were totally open. Flowers that were not totally open may not be put back into water even if they were in the water prior to Yom Tov. In the event that you forgot to put flowers into the water prior to Yom Tov, you may not fill up a vase and insert them on Yom Tov.

Dairy Foods

The Rema cites a custom to eat dairy on the first day of Shavuos. Numerous explanations are cited for this *minhag*. The Rema himself says that just as on Pesach we cook two different dishes in remembrance of the *Korban Chagiga* and *Korban Pesach*, similarly we require two different breads on Shavuos in remembrance of the *Shtei HaLechem* which were brought on Shavuos. In order to create a need for the two loaves of bread, we eat a *Milchig* and then *Fleishig* meal since one cannot use the same bread for both meals.

The *Mishna Berura* mentions a requirement of a new tablecloth when having the *Fleishig* meal although there is no need to say *Birkas Hamazon* after the *Milchig* meal. The Shulchan Aruch in *Yoreh Deah* requires one to rinse out his mouth and eat something *parve* before having the meat meal.

Another reason for eating a *Milchig* meal on Shavuos is advanced by Rabbeinu Sadiah Gaon. He says that after the Jews accepted the Torah at Har Sinai, they were unable to eat meat due to the fact that with the newly acquired laws, the preparation of the animal would have taken an enormous amount of time. Klal Yisrael opted instead to prepare *Milchig* food, which was much easier.

Halachos for One Who Stays Up the Entire Night

For those who have not slept at all:

- 1) The blessings Al Netilas Yadaim and Asher Yatzar may be said only after going to the bathroom.
- 2) The following blessings should not be said: a) Al Mitzvas Tzitzis b) the blessings on Torah study c) Elokai Neshama d) Hama'avir Shina.

If possible, one should hear someone else (who has slept during the night) say them and intend to fulfill his obligation by listening to the recitation of the blessings. (The individual who is saying the blessings must also have in mind to allow the listeners to fulfill their obligation through his recitation.) If there is no one to recite these blessings, then the blessing for the *talis gadol* can be used to cover the *talis katan* as well, and the blessing of *Ahava Raba* can cover the blessings for Torah study if one specifically has this in mind and if immediately upon termination of the *Shmoneh Esrei* one recites some Torah passages.

Selected Halachos of Yom Tov

<u>Showering & Bathing</u> – It is permitted to heat water on Yom Tov (in a permissible fashion) to wash one's hands, face and feet. Only liquid soap is permitted. If you are in a situation of Mitzta'er (great discomfort), e.g. sweated from a long walk on a hot day, you may wash your entire body at once using only cold water even on Shabbos. Of course, you must be careful not to squeeze water out of your hair. If one is Mitzta'er on Yom Tov, one may shower with tepid water (turning on only enough hot water to make the water temperature tolerable) on Yom Tov Sheini, especially on a 3-day Yom Tov. One would additionally be permitted to turn on the hot water to bathe a child who soiled part of his/her body.

Hachana Issues –

- 1. One is not permitted to set the table on the first day of Yom Tov for the night time meal.
- 2. A food that was in the freezer and is needed for the night time meal may not be defrosted, unless removing it later will cause an undue delay in eating the meal. In such a case, one should be mindful to remove it early enough in the day so that it could be potentially ready for that day as well.
- 3. One may not carry clothing or books or other items on the first day of Yom Tov if these items will be needed for the second day.

Our Mara D'asra, Rabbi Uri Orlian is available to answer any questions: (646) 369-6017.